

A
REPORT OF WEBINAR
ON
“YOGA: THE PATH TO EXCELLENCE”
DESIGN YOUR LIFE WEBINAR SERIES

DATE

21/06/2021

SUBMITTED BY

Ayush Singhal

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SUBMITTED TO

Director, MIT



MEERUT INSTITUTE OF TECHNOLOGY, MEERUT

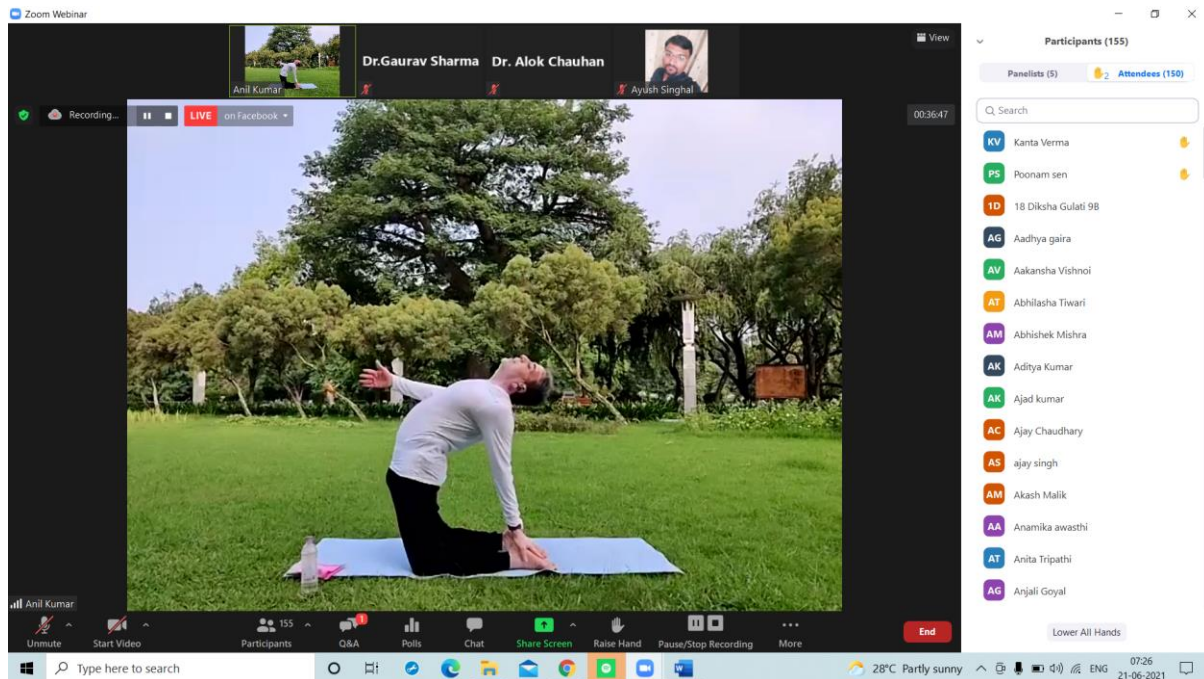
Webinar on “YOGA: THE PATH TO EXCELLENCE”

A Webinar was organized on “YOGA: THE PATH TO EXCELLENCE” on June 21, 2021 (MONDAY). Mr. Anil Kumar, (IAS and Addl. Chief Secretary, Govt. of Uttar Pradesh) has delivered his talk on the above-mentioned subject.

The link of the event was shared with all the student and faculty members of MIT, Meerut and as well as with other institutions and universities across India. 721 people had registered for the webinar and 263 participants attended the webinar which includes faculty members, research scholars and students.



The event was live on the official Facebook page @mit2007 of Meerut Institute of Technology, Meerut. The e-flyer was shared on Instagram, Facebook and LinkedIn. The recording of the same has also been uploaded on the official YouTube channel @MITMeerut of Meerut Institute of Technology, Meerut. The YouTube link for the same is <https://youtu.be/1tnewLmeBJc>. The feedback link was shared with the participants. The feedback given was analysed and the report is attached.



Mr. Ayush Singhal, Programme Coordinator at MIT, Meerut extends his gratitude to all the attendees and participants. Prof. (Dr.) Alok Chauhan (Director, MIT, Meerut) has cherished the speaker for the excellent session on YOGA and also stated that this session will definitely bring a positive impact in life.

Ayush Singhal
Programme Coordinator
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